

EAGLE EXTRAS

After-School Program

Course Offerings

Session 3(Spring): April 11th, 2016-May 27th, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Kids Crafting for Good Grades 2-5 Giving Artfully	Irving Running Club Grades 2-5 Tague & Degman	Everything Green Grades 1-5 Little Bits Workshop	Irving Running Club Grades 2-5 Tague & Degman	Chess Scholars Grades K-5 Chess Scholars
NASA Grades K-2 Mad Science	Let's Get Saktive Grades K-1 Sak & Grogan	Spybotics Grades 3-5 Technosaurus	Let's Get Saktive Grades K-1 Sak & Grogan	YogaKids Grades K-5 Kim Vulinovic
Floor Hockey Grades 2-5 Legacy Sports	LEGO Engineering Grades 1-2 Technosaurus	Multi-sports Madness Grades K-2 Legacy Sports	Stage Stars Grades K-2 Afterschool Enrichment Solutions	

KIDS CRAFTING FOR GOOD

Taught by Giving Artfully staff, our own Mrs. Grogan!

The mission of Giving Artfully Kids is to teach children about philanthropy and charity through crafting. We believe that the process of creating is a valuable tool to teach kids about the concept of giving. For more info, visit www.givingartfully.com

Class Description: Each week, students will learn about and discuss a social cause. Afterwards, they will craft an item for an organization that helps the cause (i.e. Preemie hats for a local children's hospital or dog toys for an animal shelter). It is our goal to inspire children to continue to give to others, in their own way, after they complete this program.

Mondays: Grades 2-5
Minimum/Maximum class size: 4/16
Course is 7 weeks

April 11th, 2016-May 23rd, 2016
Cost: \$100
3:15-4:15pm

NASA

Taught by Mad Science staff

Mad Science offers a large selection of after-school, preschool, summer and vacation camp programs, workshops, special events and birthday parties. From entertaining educational programs to educational entertainment, Mad Science sparks imaginative learning. All Mad Science programs are animated by highly trained professional instructors equipped with awe-inspiring gear. www.madscience.org

Class Description: Mad Science brings you the excitement and wonder of space in the Academy of Future Space Explorers program, featuring exciting activities from the NASA Langley Center for Distance Learning. The unique programming includes building your own rockets, exploring space phenomena, learning about living in space and more!

Mondays: Grades K-2

Minimum/Maximum class size: 12/24

Course is 7 weeks

April 11th, 2016-May 23rd, 2016

Cost: \$120

3:15-4:15pm

Floor Hockey

Taught by Legacy Sports staff

This class will meet for 90 minutes each week

Legacy Sports Camp is an Oak Park based youth sports company that is devoted to teaching proper skills, keeping kids active and most importantly, having fun. Legacy was founded in 2008 and has had thousands of students participate in their after-school camps, training, leagues, summer camps and birthday parties. Please visit legacysportscamp.com for all upcoming programs.

Class description: It is time to shoot and score in the jumbo-sized Legacy floor-hockey program. Teams will be drawn each week for 90 minutes of floor hockey action and excitement.

Mondays: Grades 2-5

Minimum/Maximum class size: 10/20

Course is 8 weeks

April 11th, 2016-May 23rd, 2016

Cost: \$120

3:00-4:30pm

Irving Running Club

Taught by Ms. Tague & Mr. Degman

Class description: Boys and girls in grades 2-5 will learn how to train their bodies to improve their cardiovascular endurance. We will meet twice a week and do a combination of running games and distance running. They will gradually work to increase their stamina. The goal for all the boys and girls will be to run a 5k race (3.2 miles) at the end of 6 weeks. This class includes the cost of a t-shirt.

The Lurie Children's Hospital of Chicago's Move for the Kids 5k will be our culminating event. It will take place on Sunday, May 15th at Soldier Field. **Students who choose to run the 5k race will be asked to*

have an adult "running buddy" with them, either a teacher or family member. Please note all students and running buddies will need to register online for the race. Cost for registration is only \$5 for students (children 12 and under) and \$35 for adults.* Information about registration of students, running buddies and day of race details to follow.

Tuesdays AND Thursdays: Grades 2-5
Minimum/Maximum class size: 10/30
Course is 6 weeks, & meets 12 times

April 12th, 2016-May 19th, 2016
Cost: \$110
3:15-4:15pm

Let's Get Saktive

Taught by Mr Sak & Mrs Grogan

Class description: Let's Get Saktive is a class for K-1st grade students. In this class the students will learn a variety of team oriented games that stress teamwork, physical fitness, cardiovascular endurance and sportsmanship. Many of the games will also focus on specific sport skills such as throwing, catching, rolling, blocking and evading.

Tuesdays AND Thursdays: Grades K-1
Minimum/Maximum class size: 10/30
Course is 7 weeks & meets 14 times

April 12th, 2016-May 26th, 2016
Cost: \$120
3:15-4:15pm

LEGO Engineering & Creativity

Taught by Technosaurus

TechnoSaurus is a young technology education organization dedicated to providing enhancements for empowerment of youth to surge ahead in life through feeding and nurturing creativity.

Class description: Constructing 'working models' of basic machines with LEGO™ Engineering kits, lays down the ground work for understanding some of the fundamental concepts of science and engineering without the burden of technical jargon. Children learn about structures, levers, pulleys, wheels and axels, and gears by progressively investigating and exploring. They apply this acquired knowledge, and their imagination, to build a series of working models of things they see in day to day life. Friendly and competitive environment of the classroom encourages use of ingenuity and boosts creativity. Children work in pairs cooperating and sharing with each other, which builds social skills and team spirit. Each pair has one LEGO™ Engineering box with motor and power pack to work with.

Tuesdays: Grades 1-2
Minimum/maximum class size: 12/18
Course is 7 weeks

April 12th-May 24th
Cost: \$135
3:15-4:15pm

Everything Green

Taught by Little Bits Workshop staff

This class will meet for 75 minutes each week

At Little Bits Workshop, our mission is not to mass produce anything, but to teach the masses to produce—discovering the thrill of creative productivity. It is our goal to empower our students by teaching them how to design and create useful items for their everyday lives. One child or adult at a time, we aspire to transform our culture into one of Makers and not merely Consumers. For more info, see their website: <http://thelittlebitsworkshop.com>

Class description: Our Afterschool Workshop projects are designed to be age appropriate for 1st-5th grade and are developed to help children develop classic life skills. This session we are returning to our roots and all our projects will be all green, and made from common items from home--plastic bags & containers, paper and old t-shirts.

Wednesdays: Grades 1-5

Minimum/Maximum class size: 10/24

Course is 7 weeks

April 13th, 2016-May 25th, 2016

Cost: \$135

2:15-3:30pm

Multi-sports Madness!

Taught by Legacy Sports

This class will meet for 90 minutes each week

Legacy Sports Camp is an Oak Park based youth sports company that is devoted to teaching proper skills, keeping kids active and most importantly, having fun. Legacy was founded in 2008 and has had thousands of students participate in their after-school camps, training, leagues, summer camps and birthday parties. Please visit legacysportscamp.com for all upcoming programs.

Class description: Our most popular program that includes variations of traditional games like relay races, tag, dodgeball, and soccer as well as our popular Legacy games like Hand Hockey, Illinois Jones and Battleship. A camp T-shirt is included!

Wednesdays: Grades K-2

Minimum/Maximum class size: 10/20

Course is 7 weeks

April 13th, 2016-May 25th, 2016

Cost: \$120

2:00-3:30pm

LEGO® Spybotics™: Spies 'R' Us!

Taught by Technosaurus

TechnoSaurus is a young technology education organization dedicated to providing enhancements for empowerment of youth to surge ahead in life through feeding and nurturing creativity.

Class Description: Working in teams, with knocked-down LEGO® Mindstorm Spybot kits, software and a laptop, the participants build SPYBOTS which are 'robotic mission-vehicles'. Then begins the crazy world of

spying missions. For each mission, they obtain 'mission briefs' from the S.M.A.R.T. Headquarters for executing secret missions. There are four different models of LEGO® spybots to be built. Each spybot is unique and different level of complexity and challenge. Depending on the progress made, the children may get to build all four robots in turn. Children also get the inspiration to re-engineer & modify their spy bots to create different type of combat vehicles for their battles.

Wednesdays: Grades 3-5
Minimum/Maximum class size: 12/21
Course is 7 weeks

April 13th, 2016-May 25th, 2016
Cost: \$135
2:15-3:15pm

Afterschool Stage Stars!

Taught by Afterschool Enrichment Solutions staff

Afterschool Enrichment Solutions was founded in 2001 and provides chess, guitar, Spanish and drama programs, etc. at over three hundred schools and community centers in the Chicago and Milwaukee metropolitan areas. AES has been featured in the *Chicago Tribune* and the *Daily Herald*, and is the parent organization of the popular Chess Scholars.

Class description: No previous acting experience necessary. New and returning students are welcome to join and participate in new skits and theater games. The theater games help the students use their creativity to communicate and improvise. The students will learn theater terms, the parts of a skit, and goals of the characters. Each child will receive a participation award on the last day of the session!

Thursdays: Grades K-2
Minimum/Maximum class size: 6/24
Course is 7 weeks

April 14th, 2016-May 26th, 2016
Cost: \$100
3:15-4:15pm

Chess Scholars

Taught by Chess Scholars Staff

This class will meet for 90 minutes each week

Chess Scholars was founded in 2001 and is dedicated to providing professional chess instruction and promoting scholastic chess in Northern Illinois, Southern Wisconsin and Northwestern Indiana. Chess Scholars has been featured in the *Chicago Tribune* and the *Daily Herald*. Currently, Chess Scholars serves over 250 school and community centers.

Class description: No previous knowledge of chess is necessary. Each class will consist of a fun interactive teaching period and guided practice time. Both beginner and experienced participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes at the end of the session! Each child will receive a participation award and a chess keychain.

Fridays: Grades K-5
Minimum/Maximum class size: 6/36
Course is 7 weeks

April 15th, 2016-May 27th, 2016
Cost: \$120
3:00-4:30pm

YogaKids

Taught by Kim Vulinovic of YogaKids of Oak Park

This class will meet for 90 minutes each week

YogaKids of Oak Park has been in business since 2001. Kim Vulinovic is the creator and sole proprietor. "Empowering children with strength, focus and flexibility through yoga since 2001." www.yogakimv.com

Class description: The YogaKids method uses yoga as a spring board for education. It is based on Howard Gardner's Multiple Intelligence theory and utilizes a variety of methods to engage ALL children. In each class the students will be exposed to music, active movement, stories, cooperative games and quiet time. Visual arts are also included a few times each session. Age appropriate breathing techniques calm and energize, and the poses increase strength, flexibility and body awareness. Yoga is naturally non-competitive and inclusive to all body types and physical abilities, so self-esteem is easily enhanced. Yoga is a gender neutral activity enjoyed by boys and girls alike!!!

Fridays: Grades K-5

Minimum/Maximum class size: 5/16

Course is 7 weeks

April 15th, 2016-May 27th, 2016

Cost: \$120

3:00-4:30pm