

EAGLE EXTRAS

Course Offerings

Fall Session Dates: September 27 - December 16, 2022

**REGISTRATION OPENS Wednesday, Sept. 14th at 8:30pm
and runs through Monday, Sept. 19th 5:30pm.**



Go to <https://irvingpto.com/eagle-extras/> for the registration link.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LET'S GET SAKTIVE Grades K-2 Sakellaris/Sakellaris 3:15-4:15</p>	<p>GIVING ARTFULLY Grades K-5 Anne Fussichen 3:05-4:05</p>	<p>LITTLE BITS COZY COTTAGES Grades 1-5 Little Bits Workshop 2:35-4:05</p>	<p>LET'S GET SAKTIVE Grades K-2 Sakellaris/Sakellaris 3:15-4:15</p>	<p>DANCE IS BEST Grades K-2 Diane VanDerhei Intuit Dance 3:15-4:15</p>
<p>GOOD MORNING IRVING, TV NEWS Grades 3-5 Adam Bautista 3:15-4:45</p>	<p>GAME TIME Grades 2-5 Angela Banks 3:15-4:15</p>	<p>iSTEAM: CHEMICAL REACTIONS Grades K-4 2:40-3:40</p>	<p>CHEER CLUB Grades K-5 Mohogany Williams Shantorria Gibson 3:15-4:15</p>	<p>YOGA KIDS Grades 1-5 Kim Vulinovic 3:05-4:05</p>
<p>ADVENTURES IN STEM WITH LEGO® Grades K-2 Play-Well 3:10-4:40</p>	<p>EAGLE EXTRAS ENSEMBLE Grades K-5 Pat Deaton 3:15-4:15</p>	<p>CERAMICS HANDBUILDING AND WHEEL THROWING Grades 4-5 2:30-4:30 Slowfire <i>SEPARATE REGISTRATION PROCESS/ CLASS OFF-SITE Not Eligible for Scholarship SEE DESCRIPTION</i></p>	<p>MANDALA Grades 2-5 Tamara Koransky 3:10-4:10</p>	<p>COOL & FUN CRAFTS Grades 2-5 Angela Banks 3:15-4:15</p>
<p>Painting and Drawing (Dreamboards) Grades 1-2 Slowfire 3:05-4:35</p>	<p>Storytelling through Painting and Drawing Grades 3-4 Slowfire 3:05-4:35</p>		<p>D&D/TABLETOP GAMING Grades 3-5 Pat Deaton 3:10-4:40</p>	<p>OUR CIRCLE Grades 4-5 Mohogany Williams 3:10-4:10</p>

- ❖ Space is limited and classes are filled on a first come first serve basis. Please register early to reserve your child's spot in the class(es). Also please don't hesitate to utilize the wait list option if a class is showing as full when you try to enroll. We will do our best to accommodate all interested.
- ❖ Classes with an outdoor component may be canceled due to inclement weather. Please be advised that efforts will be made to make up the missed time when feasible. Refunds will not be issued.
- ❖ We are not able to accommodate changes in the schedule after the registration period is over.
- ❖ For those children enrolled in Eagle Extras, they will be directed to go to the auditorium at the end of the school day (you do not need to come to the school to take them to this class) where they will wait with supervision to be picked up by their Eagle Extra teacher. We help the Kindergartners get to the auditorium the first week. Kids enrolled in the afterschool programs of Hephzibah or Oak Park Friends School can participate in Eagle Extras and just need to check in with their respective programs before going to the Eagle Extras class. For kids in other after school programs, you need to check with those programs directly to see if they can make accommodations to pick up your child once their Eagle Extra class is over.
- ❖ **Scholarships are available!** If your child qualifies for free/reduced lunch you are eligible for one scholarship per session per child. If your child does not currently qualify for free/reduced lunch, but you have a financial hardship making it difficult to pay for a class, there are additional funds available for these circumstances as well.
 - Free/Reduced Lunch: If you already have qualified for free/reduced lunch, you will receive an email from Ms. Mura with a list of codes that will enable you to sign up for a class for free. While these codes you receive will work on all classes, your student is only eligible for one class per session. If you have more than one student at Irving, each student is eligible for one class per session. Please do not use the codes to enroll in more than one class per session.
 - Not qualified for Free/Reduced Lunch, but have a financial hardship? If you are in need of financial help and are not currently qualified for free/reduced lunch, please email Ms. Mura, smura@op97.org, requesting a scholarship so she can get you the assistance needed to register your child.
- ❖ **Payment plans!** When you are registering you can elect to participate in a payment plan at no additional cost to you! Hooray!

Full Course Descriptions and Info (Listed in order of day offered):

LET'S GET SAKTIVE!

Taught by Irving teachers Mr. Nick Sakellaris and Ms. Kara Sakellaris

Class description: Want to wear your kids out while they have a blast? Students will learn a variety of team-oriented games that will increase physical fitness and cardiovascular endurance, while encouraging sportsmanship. Many of the games focus on specific sport skills such as throwing, catching, rolling, blocking and evading, but your kids won't even realize how much they're learning because of all the fun they're having! Wear comfortable clothes and gym shoes!

The gym is not available for the classes held in November so students should come prepared to be outside.

This class is offered both Mondays and Thursdays. You can sign your child up for both classes or just one. If you want to take both days, you must register for them separately. They are listed separately on the registration site.

Mondays: Grades K-2

Minimum/Maximum class size: 10/30

Course is 10 classes

Cost: \$110

October 3 - December 12, 2022

(No class Oct. 10)

3:15-4:15pm (60 min class)

OR

Thursdays: Grades K-2

Minimum/Maximum class size: 10/30

Course is 10 classes

Cost: \$110

September 29 - December 15, 2022

(no class Oct. 27, Nov. 24)

3:15 - 4:15 pm (60 min class)

GOOD MORNING IRVING TV NEWS PROGRAM

Taught by Irving Teacher Mr. Adam Bautista

Class description: In the Good Morning Irving TV News Program, class members will decide on important events surrounding the school, community, and world to write and report about in the form of a TV newscast. The newscasts will be shared with families and Irving classrooms for all to view and enjoy! Please have your child bring their d97 issued iPad, pencil, and a notebook.

Mondays: Grades 3-5

Minimum/Maximum class size: 8/20

Course is 10 classes

Cost: \$133

October 3 - December 12, 2022

(No class Oct. 10)

3:15-4:45pm (90 min class)

C

ADVENTURES IN STEM WITH LEGO® MATERIALS

Taught by Play-Well TEKnologies

Play-Well TEKnologies was founded in 1997 and strives to build problem-solving skills, provide an opportunity for creative expression, foster a greater appreciation of how things work, and encourage the qualities of inquisitiveness, self reliance and self confidence in children. www.play-well.org

Class Description: Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

Mondays: Grades K-2
Minimum/Maximum class size: 10/15
Course is 10 classes
Cost: \$208

October 3 - December 12, 2022
(No class Oct. 10)
3:10-4:40pm (90 min class)

PAINTING AND DRAWING (DREAMBOARDS)

Taught by SLOWFIRE

Slowfire Arts Foundation is a multidisciplinary, non-profit arts education service, anchored in Oak Park, Illinois. Our curriculum focuses on student-led and student-choice centered art making, with guidance from qualified individuals. We are dedicated to our mission of fostering a creative, functional, and inclusive education model that teaches art foundations. Our goal is to lower barriers to art making and provide accessible arts education.

Class Description: In this class, we will be taking a more contemporary approach to painting and drawing as we turn our dreams into a reality on paper and canvas! This class works on creativity and imagination as well as building fundamental skills. Materials used include pencil, colored pencil, oil pastels, water color, acrylic paint and ink.

Mondays: Grades 1-2
Minimum/Maximum class size: 6/8
Course is 10 classes
Cost: \$280

October 3 - December 12, 2022
(No class Oct. 10)
3:05-4:35pm (90 min class)

GIVING ARTFULLY: KIDS CRAFTING FOR GOOD

Taught by Anne Fussichen, Giving Artfully

Class Description: Kids Crafting for Good will give students a firsthand experience of what it feels like to help others who are in need. Our mission is to teach kids about giving and charity through crafting. We believe that the process of creating is a valuable tool to teach kids about the concept of helping others. It is our goal to inspire children to continue to give to others, in their own way, after they complete this program. Children will learn to discuss different social issues (e.g., homelessness, children's health, elderly, etc.) at an age-appropriate level and then create items (e.g., premie hats, gratitude bags, scarves, paracord bracelets, etc) to donate to the cause.

Tuesdays: Grades K-5
Minimum/Maximum class size: 8/14
Course is 10 classes
Cost: \$165

September 27 - December 13, 2022
(No class Nov. 8 and Nov. 22)
3:05-4:05pm (60 min class)

GAME TIME

Taught by Irving teacher Ms. Angela Banks

Class description: In this class, we'll play a variety of board games, helping students learn to focus and pay attention, follow directions, take turns and be patient. And most importantly, we'll be having fun!! Some of the types of games we may play are Jenga, Memory, Sorry, Uno, Bingo, Scrabble, Checkers, Life, and building with LEGO® bricks. Students with all abilities are welcome.

Tuesdays: Grades 2-5

Minimum/Maximum class size: 10/15

Course is 10 classes

Cost: \$110

September 27 - December 13, 2022

(No class Nov. 8 and Nov. 22)

3:15-4:15pm (60 min class)

THE EAGLE EXTRAS ENSEMBLE

Taught by Irving teacher Mr. Patrick Deaton

Class Description: An all ages music ensemble that aims to foster cooperation and co-learning across grade levels. We will play musical games and perform pieces together using pitched and unhit percussion instruments, ukuleles, and recorders/harmonica.

Percussion and ukuleles will be provided. Due to the personal nature of wind instruments, if students wish to play recorders and harmonicas, they can be purchased through Mr. Deaton or individually online. Contact pdeaton@op97.org with questions.

Music is the medium, but not the final goal of this ensemble, interested students should also want to spend time creating together and creating community through music.

Tuesdays: Grades K-5

Minimum/Maximum class size: 5/20

Course is 10 classes

Cost: \$110

September 27 - December 13, 2022

(No class Nov. 8 and Nov. 22)

3:15-4:15pm (60 min class)

STORYTELLING THROUGH PAINTING AND DRAWING

Taught by SLOWFIRE

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Class Description: This class will explore multiple drawing fundamentals and techniques in order to formulate a story. Each week we will discuss different forms and variations of creating narrative through art. New

projects will be introduced every Monday to keep the class structure feeling fresh and engaging. Materials used include pencil, colored pencil, oil pastels, water color, acrylic paint and ink.

Tuesdays: Grades 3-4

Minimum/Maximum class size: 6/8

Course is 10 classes

Cost: \$280

September 27 - December 13, 2022

(No class Nov. 8 and Nov. 22)

3:05-4:35pm (90 min class)

THE LITTLE BITS WORKSHOP

Taught by Little Bits Workshop staff

The Little Bits Workshop is a cozy DIY maker-space tucked away in the heart of River Forest where kids learn to use their hands, hearts and heads simultaneously to become skilled makers. On Wednesdays, the Little Bits Workshop comes to Irving!

Class description: Our first project of the year will be our famous Little Bits Cottage, a miniature house that kids will fully decorate while learning to sew, measure, sculpt and imagine. Throughout our program, we will teach a wide variety of skills such as sewing, knitting, crochet, building with small tools, art appreciation and fiber/paper arts. Check out our website: thelittlebitsworkshop.com

Wednesdays: Grades 1-5

Minimum/Maximum class size: 8/20

Course is 10 classes

Cost: \$191

September 28 - December 14, 2022

(No class Oct. 5, Nov. 23)

2:35- 4:05pm (90 minute class)

iSTEAM: CHEMICAL REACTIONS

Taught by iSTEAM Afterschool

Class description:

Our fall session is dedicated to learning all about chemical reactions. Students will learn how to identify a chemical reaction. We will conduct fun experiments involving color changing, making things foam, and changing color and shape. At the end of the course, students will understand pH levels, non-Newtonian fluid, what a catalyst is, and so much more! Our young scientists are encouraged to ask questions, think critically, experiment, and explain their reasoning and problem-solving. As a result, they will deepen their collaboration, creativity, and critical thinking skills, as well as their understanding and interest in science.

Wednesdays: Grades K-4

Minimum/Maximum class size: 10/12

Course is 10 classes

Cost: \$234

September 28 - December 14, 2022

(No class Oct. 5, Nov. 23)

2:40- 3:40pm (60 minute class)

BEGINNING/INTERMEDIATE CERAMICS (HANDBUILDING AND WHEEL THROWING)

Taught by SLOWFIRE teachers Brie Maldonado and Salma Jimenez

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Note: This class is being held for students of Irving but is **not** an official Eagle Extras class**. We are advertising it as a courtesy because we know how much parents like Wednesday classes and room availability at the school on Wednesdays is challenging. It is being offered OFFSITE at **Slowfire Studios, 907 S. Lombard Avenue**. Slowfire Teachers, Brie and Salma, will pick-up Irving students from Irving and walk students to Slowfire, 907 S Lombard Ave (rain or shine!).

Register: You must register through SLOWFIRE'S website for this class. The registration link can be found at <https://tinyurl.com/slowfireirving> You will not find this class in our registration link. Registration for this class is open now.

Class Description: At Slowfire Studios, students will learn a comprehensive ceramics skillset! This course teaches handbuilding and the use of small and large tools, such as the slab roller. Students will also learn the wheel! The last class we will glaze all of the work! The teachers will walk the students from Irving to 907 S Lombard, take a quick snack break, and then the instructional component is approximately 100 min. Guardians will pick-up students from Slowfire Studios at 4:30.

All materials (clay and glazes) and kiln firings are included in the cost of the class. The cost of the ceramics and wheel courses are higher due to the materials costs, the energy costs of multiple kiln firings, and the labor surrounding ceramics.

Wednesdays: Grades 4-5

Minimum/Maximum class size: 5/8

Course is 10 classes

Cost: \$475*

*This cost includes Clay, Glazes, Pigments & Tools; 2 Kiln firings per piece; a 4:1 student/teacher ratio; teacher guided transportation from school to studio; Labor for set-up, clean-up, recycling of clay, creation of glaze, kiln loading/unloading

****This class is NOT eligible for an Eagle Extras Scholarship.**

September 28 - December 14, 2022

(No class Oct. 5, Nov. 23)

2:30-4:30 pm (2 hrs)

CHEER CLUB

Taught by Irving teacher Ms. Mohogany Williams and Ms. Shantorria Gibson

Class description: Keep calm and show off your talent, spirit and school pride with CHEER! With the intention to increase flexibility, self-confidence and teamwork, cheer will help children build physical skills, character and friendships. Emphasizing proper safety knowledge and techniques to ensure a safe learning environment, this class will focus on the basic fundamentals of cheerleading, such as hand and arm motion technique, jumps, cheer dance and basic stunt technique. Our students will learn new and cool moves, work together and create an additional family community. We hope to get some cheering in at the Fun Run (details will be provided to students at a later date)! Students should bring comfortable clothing and gym shoes to move and groove!

Thursdays: Grades K-5

Minimum/Maximum class size: 8/20

Course is 10 classes

Cost: \$110

September 29 - December 15, 2022

(no class Oct. 27, Nov. 24)

3:15 - 4:15 pm (60 min class)

LEARN TO DRAW MANDALAS

Taught by Irving teacher Ms. Tamara Koransky

Class description: In this class you will learn how to use a compass and a ruler to create beautiful mandala designs! Each student will receive their own set of gel pens to keep (included in the price) and compasses and rulers will be provided.

Thursdays: Grades 2-5

Minimum/Maximum class size: 5/15

Course is 10 classes

Cost: \$120 (\$110+ \$10 material fee)

September 29 - December 15, 2022

(no class Oct. 27, Nov. 24)

3:10 - 4:10 pm (60 min class)

DUNGEONS & DRAGONS/TABLETOP GAMING

Taught by Irving teacher Mr. Patrick Deaton

Class description: A place to play games you already know (card games such as Pokémon) or learn new games to play with friends (such as D&D or other tabletop RPGs). As most games are best played in games in groups of 2-5 people, we will play a short intro game as a group, but most sessions we will be split into smaller gaming groups. While some games focus on achieving victory against your opponents, Dungeons & Dragons and other tabletop RPG's focus on collaborative storytelling, creative problem-solving, improvisation, and the rule of cool. You "win" in RPGs by having fun. So come have fun with us!

No materials are required to join this club although a pad of paper and something to write with can be helpful. If your student would like to play games such as Pokémon cards, they would have to bring those materials themselves. Mr. Deaton has plenty of D&D materials and dice already in the room. No worries if your student doesn't know how to play, instruction will be provided.

Thursdays: Grades 3-5
Minimum/Maximum class size: 6/20
Course is 10 classes
Cost: \$133

September 29 - December 15, 2022
(no class Oct. 27, Nov. 24)
3:10 - 4:40 pm (90 min class)

Dance is the Best!

Taught by Irving teacher Ms. Diane Van Derhei

Class description: Join Diane VanDerhei, director of INTUIT Dance and Irving teacher, on Fridays for a super fun movement class. Come make up your own dances using your Body, Energy, Space and Time (BEST). Wear loose comfortable clothes and sneakers!!

Fridays: Grades K-2
Minimum/Maximum class size: 6/16
Course is 10 classes
Cost: \$110

September 30-December 16, 2022
(No class Oct 28 or Nov 25)
3:15-4:15pm (60 min class)

COOL & FUN CRAFTS

Taught by Irving teacher Ms. Angela Banks

Class description: Making cool & fun crafts while working on social development skills, self expression, help in socializing, boosting confidence and creativity. Most of all, have fun! Some crafting projects we will do are glitter slime, holiday projects, pencil holders, DIY, and lots more!

Fridays: Grades 2-5
Minimum/Maximum class size: 10/15
Course is 10 classes
Cost: \$115 (\$110 with a \$5 material fee)

September 30-December 16, 2022
(No class Oct 28 or Nov 25)
3:15-4:15pm (60 min class)

OUR CIRCLE

Taught by Irving teacher Ms. Mohogany Williams

Class description: Our Circle is a welcoming, supportive community for 4-5th grade girls and friends that identify as female. Our Circle is an collaborative, inclusive and interactive cohort aiming to meet the objective of providing engaging and empowerment content and opportunities to the female identifying youth of the Irving community. Our students will complete community building activities and learn general emotional literacy, the art of mindfulness, uplifting affirmations and much more! Students only need to bring an open mind! Sign-up today!

Fridays: Grades 4-5
Minimum/Maximum class size: 5/15
Course is 10 classes
Cost: \$110

September 30-December 16, 2022
(No class Oct 28 or Nov 25)
3:15-4:15pm (60 min class)

YOGA KIDS

Taught by Kim Vulinovic of YogaKids of Oak Park

YogaKids of Oak Park has been in business since 2001. Kim Vulinovic is the creator and sole proprietor. "Empowering children with strength, focus and flexibility through yoga since 2001." yogakidsoakpark.com

Class description: Stretch your body and mind then relax! Join us as we stretch like dogs and fly like eagles. YogaKids classes use yoga as a springboard for education. Each class explores a different theme through movement, storytelling and meditation. Poses strengthen and stretch muscles and improve focus and concentration. Breath work balances energy and aids in emotional maturity. Yoga unites the body and mind in non-competitive ways to improve self-esteem, focus and fitness. Fall themes include tree pose with autumn leaves, halloween yoga flow fun and gratitude for Thanksgiving.

Fridays: Grades 1-5
Minimum/Maximum class size: 6/16
Course is 10 classes
Cost: \$132

September 30-December 16, 2022
(No class Oct 28 or Nov 25)
3:10-4:10 pm (60 min class)

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